

**WHITE FLINT PHARMACY**  
**11125 Rockville Pike , Rockville , MD , 20852**  
**Phone#: 3018813828 Fax#: 3017709629**

**Drug NDC:** 68047-0350-16  
**Drug Name:** Y-COF DMX

**What is this medicine?**

BROMPHENIRAMINE; DEXTROMETHORPHAN; PHENYLEPHRINE (brome fen IR a meen; dex troe meth OR fan; fen il EF rin) is a histamine blocker, cough suppressant, and a decongestant. It can help relieve cough, runny nose, stuffy nose, sneezing, and itchy or watery eyes. This medicine is used to treat allergy and cold symptoms. This medicine will not treat an infection.

**This medicine may be used for other purposes; ask your health care provider or pharmacist if you have questions.**

**How should I use this medicine?**

Take this medicine by mouth with a full glass of water. Follow the directions on the prescription label. If you are taking a suspension product, shake well before each use. Use a specially marked spoon or container to measure your medicine. Household spoons are not accurate. Take this medicine with food or milk if it upsets your stomach. Take your doses at regular times. Do not take more medicine than directed. Talk to your pediatrician regarding the use of this medicine in children. While this drug may be prescribed for children as young as 2 years old for selected conditions, precautions do apply. Patients over 60 years old may have a stronger reaction to this medicine and need smaller doses.

**Overdosage: If you think you have taken too much of this medicine contact a poison control center or emergency room at once.** NOTE: This medicine is only for you. Do not share this medicine with others.

**What should I tell my health care provider before I take this medicine?**

They need to know if you have any of these conditions: asthma -blood vessel disease -diabetes -difficulty passing urine -glaucoma -high blood pressure -other chronic disease -stomach ulcer -taken an MAOI like Carbox, Eldepryl, Marplan, Nardil, or Parnate in last 14 days -thyroid disease -an unusual or allergic reaction to brompheniramine, dextromethorphan, phenylephrine, other medicines, foods, dyes, or preservatives -pregnant or trying to get pregnant -breast-feeding

**What if I miss a dose?**

If you miss a dose, take it as soon as you can. If it is almost time for your next dose, take only that dose. Do not take double or extra doses.

**Where should I keep my medicine?**

Keep out of the reach of children. Store between 15 and 30 degrees C (59 and 86 degrees F). Protect from heat and light. Throw away any unused medicine after the expiration date.

**NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.**

**What should I watch for while using this medicine?**

Tell your doctor or health care professional if your symptoms do not improve or if they get worse. If you have trouble falling asleep at night, take the last dose of the day at least a few hours before bedtime. You may get drowsy or dizzy. Do not drive, use machinery, or do anything that needs mental alertness until you know how this medicine affects you. Do not stand or sit up quickly, especially if you are an older patient. This reduces the risk of dizzy or fainting spells. Alcohol may interfere with the effect of this medicine. Avoid alcoholic drinks. Your mouth may get dry. Chewing sugarless gum or sucking hard candy, and drinking plenty of water may help. Contact your doctor if the problem does not go away or is severe. This medicine may cause dry eyes and blurred vision. If you wear contact lenses you may feel some discomfort. Lubricating drops may help. See your eye doctor if the problem does not go away or is severe.

**What side effects may I notice from receiving this medicine?**

Side effects that you should report to your doctor or health care professional as soon as possible: allergic reactions like skin rash, itching or hives, swelling of the face, lips, or tongue -breathing problems -changes in vision -fast or irregular heartbeat -feeling faint or lightheaded, falls -hallucinations -high blood pressure -seizures -trouble passing urine or change in the amount of urine -vomiting Side effects that usually do not require medical attention (report to your doctor or health care professional if they continue or are bothersome): anxiety -diarrhea -headache -loss of appetite -nausea

**This list may not describe all possible side effects. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.**