

**WHITE FLINT PHARMACY**  
**11125 Rockville Pike , Rockville , MD , 20852**  
**Phone#: 3018813828 Fax#: 3017709629**

**Drug NDC:** 68025-0022-60  
**Drug Name:** OB COMPLETE/DHA

**What is this medicine?**

PRENATAL VITAMIN AND MINERAL combinations are used before, during, and after pregnancy to help provide provide good nutrition.

**This medicine may be used for other purposes; ask your health care provider or pharmacist if you have questions.**

**How should I use this medicine?**

Take this medicine by mouth with a glass of water. You can take it with or without food. If it upsets your stomach, take it with food. Chewable prenatal vitamin tablets may be chewed completely before swallowing. Follow the directions on the prescription label. The usual dose is taken once a day. Do not take your medicine more often than directed. Contact your pediatrician regarding the use of this medicine in children. Special care may be needed. This medicine is intended for females who are pregnant, breast-feeding, or may become pregnant.

**Overdosage: If you think you have taken too much of this medicine contact a poison control center or emergency room at once.**NOTE: This medicine is only for you. Do not share this medicine with others.

**What should I tell my health care provider before I take this medicine?**

They need to know if you have any of these conditions: bleeding or clotting disorder; history of anemia of any type; other chronic health condition; an unusual or allergic reaction to vitamins, minerals, other medicines, foods, dyes, or preservatives

**What if I miss a dose?**

If you miss a dose, take it as soon as you can. If it is almost time for your next dose, take only that dose. Do not take double or extra doses.

**Where should I keep my medicine?**

Keep out of the reach of children. Most vitamins and minerals should be stored at controlled room temperature. Check your specific product directions. Protect from heat and moisture. Throw away any unused medicine after the expiration date.

**NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.**

**What should I watch for while using this medicine?**

See your health care professional for regular checks on your progress. Remember that vitamin and mineral supplements do not replace the need for good nutrition from a balanced diet. Stools commonly change color when vitamins and minerals are taken. Notify your health care professional if this change is alarming or accompanied by other symptoms, like abdominal pain.

**What side effects may I notice from receiving this medicine?**

Side effects that you should report to your doctor or health care professional as soon as possible: allergic reaction such as skin rash or difficulty breathing; vomiting; Side effects that usually do not require medical attention (report to your doctor or health care professional if they continue or are bothersome): nausea; stomach upset

**This list may not describe all possible side effects. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.**