

**WHITE FLINT PHARMACY**  
**11125 Rockville Pike , Rockville , MD , 20852**  
**Phone#: 3018813828 Fax#: 3017709629**

**Drug NDC: 00378-0028-01**  
**Drug Name: NADOLOL**

**What is this medicine?**

NADOLOL (nay DOE lole) is a beta-blocker. Beta-blockers reduce the workload on the heart and help it to beat more regularly. This medicine is used to treat high blood pressure and to relieve chest pain caused by angina.

**This medicine may be used for other purposes; ask your health care provider or pharmacist if you have questions.**

**How should I use this medicine?**

Take this medicine by mouth with a glass of water. Follow the directions on the prescription label. You can take this medicine with or without food. Take your doses at regular intervals. Do not take your medicine more often than directed. Do not stop taking this medicine suddenly. This could lead to serious heart-related effects. Talk to your pediatrician regarding the use of this medicine in children. Special care may be needed.

**Overdosage: If you think you have taken too much of this medicine contact a poison control center or emergency room at once. NOTE: This medicine is only for you. Do not share this medicine with others.**

**What should I tell my health care provider before I take this medicine?**

They need to know if you have any of these conditions: diabetes, heart or vessel disease like slow heart rate, worsening heart failure, heart block, sick sinus syndrome or Raynaud's disease, kidney disease, lung or breathing disease, like asthma or emphysema, pheochromocytoma, thyroid disease, an unusual or allergic reaction to nadolol, other beta-blockers, medicines, foods, dyes, or preservatives, pregnant or trying to get pregnant, breast-feeding

**What if I miss a dose?**

If you miss a dose, take it as soon as you can. If it is almost time for your next dose, take only that dose. Do not take double or extra doses.

**Where should I keep my medicine?**

Keep out of the reach of children. Store at room temperature between 15 and 30 degrees C (59 and 86 degrees F). Protect from light. Keep container tightly closed. Throw away any unused medicine after the expiration date.

**NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.**

**What should I watch for while using this medicine?**

Visit your doctor or health care professional for regular check ups. Check your blood pressure and pulse rate regularly. Ask your health care professional what your blood pressure and pulse rate should be, and when you should contact them. You may get drowsy or dizzy. Do not drive, use machinery, or do anything that needs mental alertness until you know how this drug affects you. Do not stand or sit up quickly, especially if you are an older patient. This reduces the risk of dizzy or fainting spells. Alcohol can make you more drowsy and dizzy. Avoid alcoholic drinks. This medicine can affect blood sugar levels. If you have diabetes, check with your doctor or health care professional before you change your diet or the dose of your diabetic medicine. Do not treat yourself for coughs, colds, or pain while you are taking this medicine without asking your doctor or health care professional for advice. Some ingredients may increase your blood pressure.

**What side effects may I notice from receiving this medicine?**

Side effects that you should report to your doctor or health care professional as soon as possible: allergic reactions like skin rash, itching or hives, cold, tingling, or numb hands or feet, difficulty breathing, wheezing, irregular heart beat, mental depression, slow heart rate, swelling of the legs or ankles. Side effects that usually do not require medical attention (report to your doctor or health care professional if they continue or are bothersome): change in sex drive or performance, dry itching skin, headache

**This list may not describe all possible side effects. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.**